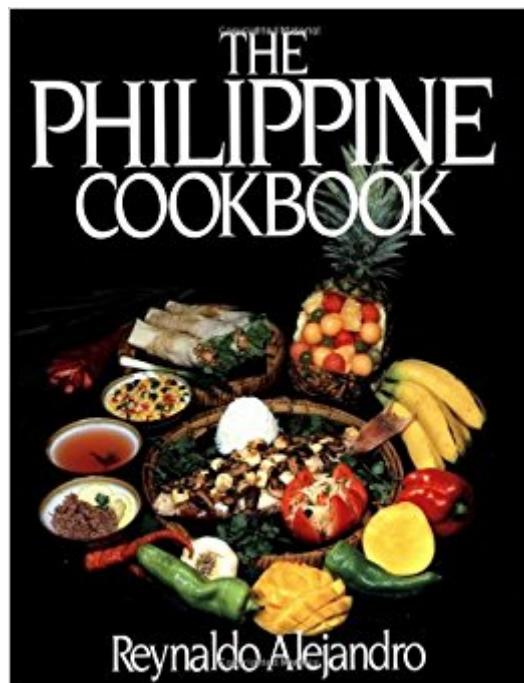


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# The Philippine Cookbook



## Synopsis

Here is the cookbook that presents to America the cooking of the Philippines, an extraordinary classic cuisine adapted to the specific requirements of the U.S. kitchens. In it you'll find adobo—a rich marinated stew of chicken or pork, succulently flavored with vinegar and soy sauce; pancit guisado—a sautéed noodles laced with crunchy vegetables, thinly sliced sausage, and baby shrimp; estofado—prepared with burnt sugar sauce; and ginataan—meat prepared with coconut milk. Reflecting the best elements of the cooking of Malaysia, China, and Spain, which form the ethnic base of the 7,000 Philippine Islands, this cuisine is not only marvelously tasteful, but quick and easy to prepare, as well as light and nutritious—perfect for the health-mind American with more imagination and taste than time or budget. If you're looking for a whole new array of tastes and textures in appetizers, rice, meat, fish entrees, noodles and vegetarian dishes, salads, condiments, and desserts, you'll find your palate wonderfully stimulated by *The Philippine Cookbook*.

## Book Information

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## Customer Reviews

Reynaldo Alejandro, a young Filipino-American, is a cook, caterer, dancer, choreographer and author. He was the coordinator of food arrangements for the recent Philippines display at Bloomingdale's in New York. He makes his home in Manhattan.

I bought this book because I needed to know the basics of Filipino cooking, and my Filipino relatives

do not write their (or their maids') recipes down. I cannot just call my aunt in Manila to ask her cooks how to make kalderetang kambing, and searching on the internet for it turns up hundreds of results with personal twists. Plus its hard to cook and use an iPad without getting it all sloppy and wet. I'd rather get a paperback book messy. I realize that cookbook recipes are not to be followed 100% and that is why I love this book. It lets me be open to interpretation, which is the reality of Filipino cooking. No two households make one Filipino dish the same. Neither do any two restaurants. This book gives you the basic recipe and you can tweak it any way you want. Make it taste like Lola's cooking, or put your own twist. My only gripe is that there are no photos. I like photos! Otherwise I would recommend this book for any cook's library, especially if you like experimenting with Asian or Filipino cuisine.

I don't pretend to be an expert cook, but I do have a lot of fun in the kitchen, especially with my teenage daughters. I do believe that they find me a source of entertainment with my recipes right from this cookbook. We turned out some great dishes, e.g., Lumpia Shanghai, Philippine Fred Rice, Rellenong Manok, Paksiw Na Bangus, Maruya, Pianono, etc. My son likes to kick back and watch the interaction, but then he is the first in line to grab the finished product. I liked this cookbook and found it to be helpful, easy to use, and covering a large range of Filipino food. Well done!

Product arrived as advertised. Great packaging. Will use again when need arises. Recommended to everyone.

fast shipping and the book looks like new! Thanks. The book has most of the Filipino dishes I grew up with. My daughter, born and being raised in the US can now try them all.

Love the recipes in this book. The food tastes just like how my grandmother and mother prepares the food.

I am very happy with this cookbook. As a matter of fact I bought several of this book to give it as a gift. With several Filipino cookbooks I bought, Alejandro's cookbook is the most precise. I will give a 5-Star!

My wife is from the Philippines and she really likes this book. It is accurate and she was able to try some of the recipes that she had not tried before. Very much worth having.

Reading these original recipes reminds me of my mom and being young. I have tried several dishes already and they are perfect. Great to have this book since I quit cooking these dishes over 20 years ago and needed the help.

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